

JANUARY 2026

SUB
Teacher

MAC
Special Event
*Prepaid

New Class /
New Class Time

Cancelled
Classes

MARTINEZ
ATHLETIC
CLUB

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1/1	1/2	1/3
CELEBRATING 10 YEARS IN BUSINESS	diablo BEST EAST BAY 2026			ALL CLASSES CANCELLED	5am - Bootcamp - Corey 6am - Bootcamp - Corey 9am - Bootcamp - Ben 5pm - Bootcamp - Mel	8am - Spin/BC Fusion - Ben 9am - Power Cycle - Che
1/4	1/5	1/6	1/7	1/8	1/9	1/10
9am - Yoga w/ Weights - Julie	5am - Bootcamp - Ben 6am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Step/Bootcamp Fusion - Ben	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 6pm - Mat Pilates/ Barre - Kim	5am - Bootcamp - Ben 6am - Bootcamp - Ben 9am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Spin/Bootcamp Fusion - Olena	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 5pm - Power Cycle - Che 615pm - Yoga - Kristine	5am - Bootcamp - Corey 6am - Bootcamp - Corey 9am - Bootcamp - Ben 5pm - Bootcamp - Mel	8am - Spin/BC Fusion - Ben 9am - Power Cycle - Che
1/11	1/12	1/13	1/14	1/15	1/16	1/17
9am - Yoga w/ Weights - Julie	5am - Bootcamp - Ben 6am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Step/Bootcamp Fusion - Ben	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 6pm - Mat Pilates/ Barre - Kim	5am - Bootcamp - Ben 6am - Bootcamp - Ben 9am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Spin/Bootcamp Fusion - Olena	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 5pm - Power Cycle - Che 615pm - Yoga - Kristine	5am - Bootcamp - Corey 6am - Bootcamp - Corey 9am - Bootcamp - Ben 5pm - Bootcamp - Mel	8am - Spin/BC Fusion - Ben 9am - Power Cycle - Che
1/18	1/19	1/20	1/21	1/22	1/23	1/24
9am - Yoga w/ Weights - Julie	5am - Bootcamp - Ben 6am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Step/Bootcamp Fusion - Ben	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 6pm - Mat Pilates/ Barre - Kim	5am - Bootcamp - Ben 6am - Bootcamp - Ben 9am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Spin/Bootcamp Fusion - Olena	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 5pm - Power Cycle - Che 615pm - Yoga - Kristine	5am - Bootcamp - Corey 6am - Bootcamp - Corey 9am - Bootcamp - Ben 5pm - Bootcamp - Mel	8am - Spin/BC Fusion - Ben 9am - Power Cycle - Che
1/25	1/26	1/27	1/28	1/29	1/30	1/31
9am - Yoga w/ Weights - Julie	5am - Bootcamp - Ben 6am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Step/Bootcamp Fusion - Ben	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 6pm - Mat Pilates/ Barre - Kim	5am - Bootcamp - Ben 6am - Bootcamp - Ben 9am - Bootcamp - Ben 5pm - Bootcamp - Mel 6pm - Spin/Bootcamp Fusion - Olena	5am - Bootcamp - Corey 6am - Bootcamp - Corey 12pm - Bootcamp - Ben 5pm - Power Cycle - Che 615pm - Yoga - Kristine	5am - Bootcamp - Corey 6am - Bootcamp - Corey 9am - Bootcamp - Ben 5pm - Bootcamp - Mel	8am - Spin/BC Fusion - Ben 9am - Power Cycle - Che